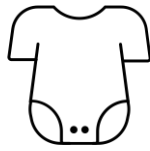


Baby Dressing Guide

FOR ALL SEASONS

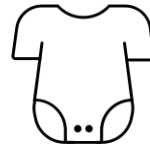
78+°F
26+°C



FROM THE AAP



75-77+°F
24-25+°C



+



OR



71-74+°F
22-23+°C



+



OR



69-70+°F
20-21+°C



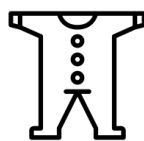
+



OR



64-68+°F
18-19+°C



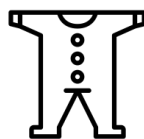
+



OR



61-63+°F
26+°C



+



+



AVOID BABY GETTING TOO HOT TO REDUCE THE RISK OF SIDS

KEEP THE BABIES ROOM AT COMFORTABLE TEMP

ADD +1 LAYER FROM WHAT YOU ARE WEARING

USE A WEARABLE BLANKET IF THE YOU WORRY BABY IS COLD

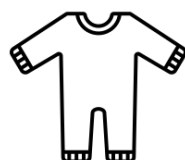
AVOID COVERING THE HEAD

BACK IS BEST

NOTHING IN THE CRIB BUT A BABY

Recommendations for babies 0-12 months of age.

<60+°F
<16+°C



+



+



+



*AAP stands for the America Academy of Pediatrics®